



Lifestyle & Leisure - Cassia House

Artwork by the Residents

'Aboriginal style artwork' by small groups of residents under the guidance of the Lifestyle and Leisure staff. These artworks took 3 months to complete.



Cassia Lifestyle program volunteers with resident Dorothy Hutchinson



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Manningham Centre Association Inc.
Support Services for Older People

MCAnews



MCA Agreement with Council

NEW MANAGEMENT ARRANGEMENTS

For many years MCA has operated the Planned Activity Group at Grevillea House and Manningham Home Maintenance Service under contract to Manningham City Council. These services are funded jointly by the Commonwealth and State Governments via the Home and Community Care Program. By agreement with Council and with the approval of the Victorian Department of Health, on 1st July 2011 these services were transferred to MCA to operate and manage and report directly to the Department of Health. While this has increased the administrative and associated workload for staff, it has and will not impact on the level of services provided to clients.

Unfortunately, despite the support of Council and the Board of MCA and the approval of the Commonwealth Department of Health and Ageing for MCA to take full responsibility from Council for operating the residential care places and aged care packages, the transfer did not take place as planned on 1st July 2011. At the last moment, another arm of the Department conveyed a determination that if the transfer went ahead, then they would require Council to repay \$1,267,760 being the balance of a capital grant paid by the Department in 1997 towards the cost of constructing Doncaster Melaleuca Lodge. The basis of the decision came down to their

assessment that Council was going to profit from the transfer of these to MCA. This is clearly not the case and so Council had no choice but to put the transfer on hold. The matter has now proceeded to a formal review process the outcome of which isn't expected to be known for some months. MCA trusts that goodwill and common sense will prevail so that this last hurdle will be overcome. In the meantime, Council has granted MCA a 12-month extension to the 10 year Management Agreement for these services that expired on 30th June 2011.

Profiling Our People

KAY PLYMIN
Manager - Doncaster Melaleuca Lodge

I commenced as a Manager at Doncaster Melaleuca Lodge (DML) in April this year. I have worked in Aged Care for about 15 years and enjoy all the opportunities that working in Aged Care offers:- getting to know the residents and families; working with all the different staff and the opportunity of being able to make a difference in peoples' lives. I am still settling into my new job and getting to know everyone. I am most impressed with the beautiful gardens that surround our work places here at the Manningham Centre. All the staff have been most kind and helpful in assisting me to get to know the place and the job.



I have been blessed with two beautiful daughters and a grandson and granddaughter. I enjoy all things natural and love to read about herbs and the history of natural medicine. I enjoy cooking with lots of herbs and organic foods. I love my yoga, which I have been doing for many years, and I am currently doing a 'Kundalini Yoga' teaching course. I find Heidi Park, the Botanical Gardens and the Art galleries are the real gems in Melbourne, and also all the divine restaurants we have in our wonderful city. I am also in love with all things French and fortunately have some like-minded friends who enjoy raving on about all things French. My little granddaughter will be arriving from Scotland in October some time so I am hoping to bring her in to meet the residents.

FRIENDS OF MANNINGHAM SUPPORTING RELATIVES COMMITTEE

UPCOMING EVENTS

ARTSHOW at MCA

A weekend Artshow will be held in the plaza of Cassia House on:-

**Saturday 22nd and Sunday 23rd
October 2011
between 9.30 - 5.00pm.**

Exhibited will be many local artists' works, **(which will be for sale.)**

Also shown on the day will be the creativity of the centre's own residents.

Light entertainment will be provided and our kiosk will be open during the entire weekend.

FRIENDS OF MANNINGHAM SUPPORTING RELATIVES COMMITTEE

Committee Members:-

- Robert Cole – Chairman
- Betty Dellas
- Wendy Harpham
- Graeme Jarvis
- Barry Mernagh
- Murrough Mooney
- Shirley Morris
- Jane Roberts
- John Treverton

Contact for MCA Friends
Wendy: 9848 8983

Make a difference ...

Help Manningham Centre with a bequest or donation

Support the continuous improvement of our services through the purchase of furnishings and equipment for the direct benefit of residents

For more information about leaving a bequest, contact the General Manager

Tel: (03) 9856 1219

Fax: (03) 9856 1233

www.manninghamcentre.com.au

MANNINGHAM CENTRE
Support Services for Older People

A positive attitude may not solve all your problems, but it will annoy enough people to make it worth the effort.

Herm Albright
(1876 - 1944)

Manningham Centre Association Inc.

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Profiling Our People

DAVID MEIKLEJOHN AM – CHAIRMAN OF THE BOARD MCA New Chairman

David Meiklejohn AM was elected Chairman of the Manningham Centre Association Board of Governance at the Board meeting on 11 July 2011.

Bill Larkin, Chairman of the Board since it was established in 1984 welcomed David as the new Chairman.

Bill Larkin said, "David has recently retired from the Melbourne Cricket Club (MCC) where he has served as Committee Member, Treasurer, and Vice-President and for the last 4 years as President".



David joined the MCC Committee in 1987 – about the same period as MCA was establishing itself as a provider of a range of residential and community services for older people.

David soon became involved in major refurbishment and rebuilding of the Melbourne Cricket Ground (MCG) to further enhance the MCG as a World-class stadium.

He has played a leadership role in the financing and planning of the rebuilding the MCG.

Over the years he has led and participated in successful negotiations with many groups including the Commonwealth and State Governments, with Victorian Football league, Cricket Australia, Cricket Victoria and 101,000 members.

David was born in Queensland and graduated from the University Queensland with Commerce Degree and a Diploma in Education. He joined the pulp and paper manufacturer, APM Limited (Subsequently AMCOR Limited) in Queensland – 1966, and then transferred to the head office in 1967.

David progressively occupied positions of Chief Accountant, Finance Manager, and Chief Financial Officer in 1981. He was appointed an Executive Director of AMCOR Limited in 1985.

David retired from Amcor in 2000 and since then has served as a Director of many companies including, ANX, Coco Cola, Amatil, OneSteel and PaperlinX.

He was appointed a Member (AM) of the Order of Australia in the 2010 Australia Honours List "for services to the business sector, particularly in the field of finance and to sport through the Melbourne Cricket Club".

David and his wife, Wendy have been residents of Templestowe for 40 years.

Bill Larkin said:

"David has now volunteered his skills to lead MCA into the new era of preparing a strategic plan to meet the needs of the increasing number of older people living in Manningham, their families and friends.

David is enthusiastic to apply his qualifications, skills and experience in the Not-For-Profit sector

MCA is excited that David has chosen to support the older residents of Manningham through the Manningham Centre Association."

Bill Larkin OAM

Former Chairman of MCA

Sharing Future Goals . . .

Our future – There are many challenges and opportunities facing Manningham Centre in the fulfilment of our mission. For example, there are pressing current needs in running innovative programs like learning computer technology to communicate with loved ones locally and abroad or replacing old equipment with new equipment for the direct benefit of the elderly people in our care.

Your generosity – Your bequest or other gift can become a living memorial to your generosity and also act as an inspiration to others to consider their own part in helping Manningham Centre continue its caring mission into the future.

We understand it is not always possible to donate right now. That's why we encourage you, after meeting the needs of your family, to remember Manningham Centre in your Will. Making a gift through your Will means that you can make an important contribution to the community sometime in the future without affecting your current financial circumstances.

Will you please think of including Manningham Centre in your Will and support us in our commitment to enhance the well-being of those individuals in our community who have very special needs.

Remember – For more information about leaving a bequest or making a donation, contact the General Manager on (03) 9856 1219.

PROMOTIONS COMMITTEE SAD PASSING OF MANNINGHAM CENTRE POSTER BOY

On the 7th of June 2011 a beloved member of the Manningham Centre passed away. Angelo, together with his granddaughter Jess, feature on the promotional material for the Manningham Centre.

Angelo Silvestro was a man who was not only loved by his family and friends, but the whole community at the Manningham Centre. 20 years ago Angelo suffered from a stroke. During the years following the stroke his health started to deteriorate and was placed in the care of the wonderful employee's and volunteers at the Manningham Centre.

His loving granddaughter Jessica Hovorka, who also appeared on Manningham's 25 years promotional posters, helped give an insight into Angelo's beginnings and life in Australia.

Nonno was born on the 4th August 1926 in Castiglione, Sicily. There he met and married Carmella Papotto (Nonna).

In 1953 he arrived in Australia with the hopes of a better life for his family. Nonno was a hard-working man and spent his early years at Henderson's Farm in Templestowe. He continued his love for gardening at home where he enjoyed many hours spent in his veggie patch (which was more like a farm in itself).

Nonno was extremely proud of his 3 daughters Rosa, Mary and Silvana and was a supporting father to the end. They gave him 6 loving grandchildren who would always bring a beaming smile to Nonno's face whenever they visited. Although Nonno struggled to communicate following a stroke 20 years ago, his facial expressions said it all. Nonno never complained, he took his life as it came and he was happy with all that it delivered. He loved his life and all that he had worked so hard for.

Nonno spent the remaining years of his life cared for with dignity by those at the Manningham Centre, and his family who would do anything for the man that had provided them with so much. His family feels lucky to have had him as a father and Nonno, and privileged to hold so many loving memories of him.

He will be greatly missed.

Article submitted by **Deana Moretta**
MCA Promotions Committee



'Dealing with Change' Grief and Loss Counselling

Manningham Centre is organising a number of informative, interactive group sessions for relatives and carers. Discussion will include issues having a relative/parent or friend in aged care at MCA or the pressures from caring for a loved one at home.

These sessions will be held by Jan Wilkinson Beards, a qualified counsellor with vast experience in assisting people to deal with change, grief and loss. All participants will be given the opportunity to express any practical/private concerns. The aim of the small group discussions is to enable carers/relatives to receive some invaluable support, information and coping skills/strategies.

Each session will run for 2 hours with Tea/Coffee served during the evening.

Date: Thursday 1st September 2011

Time: 1.30 - 3.30pm

Where: North Lounge – Doncaster Melaleuca Lodge
395 Manningham Road, Doncaster 3108

Numbers are limited, bookings essential.

Further sessions will be conducted throughout the year.
For further information contact Dianne Jones on: 9856 1296

Current List of Board Members:-

Chairman:	David Meiklejohn AM
Deputy Chairman:	Darrell Treloar
Treasurer:	Erica Mounter
Directors:	Cr Geoff Gough
	Cr Stephen Mayne
	Ron Kitchingman
	Barry Mernagh
	Ray Lewis
	Ron Bunn
	Lyn Sowersby
	Bill Larkin OAM

'ASSOCIATION MEMBER' OF MANNINGHAM CENTRE ASSOCIATION INC.:-

Did you know that you too can become an Association Member?

For a \$5.00 annual fee you will receive copies of the quarterly newsletter, annual report and invitations to various other events.

Enquiries to: Ross Dawson
General Manager – 9856 1219.