

**THE BANKSIA SCHOOL OF ART**

Once again a group of residents have participated in creating another finished piece

From start to finish →



**“SUNRISE”**

Which is proudly on display in the Banksia lounge room



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A seasonal publication of  
Manningham Centre Association Inc.  
Support Services for Older People

**MCAnews**  
25<sup>TH</sup> ANNIVERSARY CELEBRATION



**Group eases an age-old burden**

NATIONAL Seniors Australia Doncaster branch president Mervyn Senn knows how well good gestures are appreciated.

Mr Senn, head of the Doncaster branch of National Seniors Australia, recently presented some new equipment to the Manningham Centre that it bought with a grant from the National Seniors Foundation.

The contribution, valued at more than \$2000, includes a heavy duty wheelchair and a mattress for patients with a high risk of developing pressure ulcers. Mr Senn said his group's 2000-plus members were happy about making a difference.

On a personal level, Mr Senn knows the power of such kindness.

As a musician, Mr Senn performs for high-care residents at nursing homes – people who are incapable of physically responding to his music. But though they might not clap, they do appreciate it.

“I play the keyboard and sing and entertain these people,” Mr Senn said. “When I first started playing, it was hard because you get no reaction. When the nurse came up to me and said ‘please don’t stop, the last thing they lose is the sense of music – it makes a difference’.”

Manningham Centre chief executive officer Ross Dawson said the centre was “very grateful for the equipment”.

“We don’t get funded to purchase capital items like this.” Mr Dawson said.

**FRIENDS OF MANNINGHAM CENTRE ASSOCIATION**

**Guilt/Grief & Loss Sessions** (proven to be a successful start in the right direction).

A small group of Relatives from The Lodge and Cassia House attended 3 sessions on Guilt / Grief & Loss associated with having a family member or friend in Aged care.

These sessions were held in a relaxed atmosphere in the day respite room with experienced Counsellor Glenda Lanson. These were the first group discussion sessions with the idea of having ongoing support on a permanent basis. We are planning another series, hopefully commencing in November. No cost will be incurred to participants as MCA is fully supporting these sessions. Further information will be provided.

**FEEDBACK from Guilt/Grief & Loss Sessions**

“The second session ended up with people not wanting to go home and the general consensus was that this session be highly recommended to others”; “Very worthwhile – helps me manage a lot better”; “Handouts were informative”; “Most helpful and addresses my personal needs, a thoroughly researched project”; “Many thanks for MCA funding these sessions”.

**Future Events:**

An afternoon tea (2.30pm) on 3<sup>rd</sup> October, 2010 will be held in Day Respite room in Cassia House for relatives and carers.

**Forthcoming Events:**

**❖ CHRISTMAS CARDS FOR SALE**

The Manningham Centre will once again be selling Christmas Cards. There will be two designs to choose from and the price per pack of 10 cards will be \$7.50. These cards will be available from Cassia House and the Lodge reception areas from mid September.

All proceeds from these cards will benefit the Centre.

**❖ MCA's ANNUAL GENERAL MEETING**

The date for this year's Annual General Meeting is **Wednesday 10<sup>th</sup> November, 2010 at 7.30pm** and will be held in Cassia House.

**Make a difference ...**

**Help Manningham Centre with a bequest or donation**

*Support the continuous improvement of our services through the purchase of furnishings and equipment for the direct benefit of residents*

*For more information about leaving a bequest, contact the General Manager*

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**MANNINGHAM CENTRE**  
**Support Services for Older People**

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**A successful Anniversary Celebration Dinner was held at The Pines Centre on Saturday 28/8/2010 and was attended by Councillors, Board Members, Distinguished Guests, Staff (present and former), Volunteers and Relatives.**



Manningham Mayor Cr Charles Pick welcomed the guests and congratulated MCA on their 25<sup>th</sup> Anniversary.

The 25<sup>th</sup> Anniversary of the Manningham Centre Association is a tribute to both Manningham Council's and the local community's commitment and foresight in the care and welfare of our senior residents.

In the early 1980's, Council resolved to establish a nursing home and apply for Commonwealth funding, following a report by the then Social Planner of the City of Doncaster and Templestowe, Frances Warren.

Council was the first Local Government Authority in Australia to receive Commonwealth funding for the establishment of a nursing home and day care centre.

In 1984, a Committee of Management, known as Doncaster and Templestowe Nursing Home and Day Care Centre Inc, was established.

The first Committee consisted of Cr Bill Larkin (President), Mrs J Russell (Vice President), Sir Reginald Swartz, Mrs J Cohen, Mr M Walsh, Mr O Whelan, Mr Bill Whiticker, Mr N Brooke, Mr R Smith, Rev G Shaw, Cr Vernon Denford, Cr L McNally.

Rev H Dillon and Mr Ron Kitchingman were appointed to the Board in April 1986, after the resignations of Rev G Shaw and Mr M Walsh.

The nursing home admitted the first of its 30 residents on 27 March 1985 and the day care centre opened on 16 July 1985 with approximately 30 clients.

The services were officially opened on 14 August 1985 by Mrs Hazel Hawke.

During the 1990's, MCA services were expanded and major building construction commenced. The role of the Commonwealth Government and Local Member for Menzies, Kevin Andrews, in facilitating this expansion is acknowledged.

The Centre currently provides support to more than 1,200 older residents, helping to sustain and reinforce their independence, social relationships, personal wellbeing and community interaction. Over the past six years, Council has worked closely with MCA to extend this service so that the

community now has access to a wider range of aged care services. One of the key benefits of these service extensions is its ability to help residents remain in their own home for as long as possible, with MCA's support.

Community involvement including fundraising has been a vital ingredient in the growth of Manningham Centre - an Auxiliary of community members raised a quarter of a million dollars during its 25 years of operation. The Centre would not be what it is today without the ongoing involvement of volunteers. Volunteers serve on the Board of Governance, operate the kiosks, assist with leisure and lifestyle activities, assist with feeding residents, drive buses, raise money, assist with administrative tasks, organize events and the list goes on.

These volunteers are drawn from the local community and are happy to do their bit because they see the value in what is being done at the Centre.

On behalf of Council and the Manningham community, I would like to congratulate MCA on its 25-year milestone and thank the staff, countless volunteers and the MCA Board and family members for the enormous contribution they have made in the development of the Centre – and the lives of Manningham's frail and elderly residents.

You have all helped ensure a better quality of life for our senior residents and made the Manningham Centre a service, which we can be truly proud. Congratulations!

**Cr Charles Pick**  
Mayor

**RESULT OF THE COMMUNITY RAFFLE**

Manningham Community Raffle coordinated by the local Kiwanis Club kindly donated a large amount of each ticket sold to the various participating community projects.

MCA received a total of \$2,632.50.

Many thanks to all who purchased raffle tickets.



Bill Larkin OAM  
Chairman of the Board  
of Governance –  
Manningham Centre Association.

Bill Larkin welcomed all guests and extended a huge thank you to Andrew Tavenor and Kate Herbert for the successful production of the DVD, which was launched on the night.

Thanks also to former and current Mayors, Councillors, Council Officers, MCA staff and volunteers, community supporters and Local Federal Members Neil Brown, Peter Staples and Kevin Andrews.

Other thanks to:-

Lyn Sowersby for her initiative with the documentary, leadership and attention to detail with regard to pulling the evening together.

Kathy Madison – although a new addition to MCA's promotion team, Kathy has many contacts in many places and somehow Kathy produces goods and support like a magician pulls a rabbit out of an empty hat!

Ron Kitchingman – has the task of producing the anniversary dinner edition of MCA News.

Dale Gibson handled the dinner bookings and gave support to Lyn and Kathy. Dale is also assisting Ron to publish MCA News.

Ross Dawson – who became more involved than originally planned (due to his CEO workload).

Mayor, Councillors and various Council officers who made available this great venue and also the facility's support team for this dinner.

Bill thanked everyone who made this celebration possible and all who have been a part of MCA during the last 25 years.

When Bill accepted the position of Chairman of the Board in December 1984, he saw a paddock, a few horses and the foundations of a building. Little did anyone know, the journey that was to begin. Those foundations have expanded to be what we know as MCA today – a dynamic Centre distributing almost \$1 million every month in support services for older people of Manningham, their families and friends.

Few people in a government or private enterprise organisation can claim a rate of expansion equal to that achieved by MCA in its first 25 years.

However, we are not finished, there is much to do!

Bill stated, "It has been a privilege to chair such an organization as MCA" and invites you all to WATCH THIS SPACE for continuing expansion of support services for older people.

Thank you.

**Bill Larkin - Chairman**

## Profiling Our People



**ERICA MOUNTER**  
(Board Member)

On 7<sup>th</sup> March 1964 I married Max and we have one daughter Julie, born February 1970. Julie graduated in 1995 as an Osteopath and opened her own clinic in Box Hill North. Julie is now married and lives in Warrandyte.

I returned to University as a mature aged student in 1978 and achieved a degree in accounting whilst working for Harry Heath's Supermarkets.

In 1994 I retired from full time work and in 1996 Max and I went on a six-week trip to Japan, staying in Yokohama with friends.

Max and I built a home in Doncaster East and lived there happily until December 2003. We now reside at the Templestowe Retirement Village, Templestowe.

I am currently on the board of Manningham Community Enterprises Limited, the Company that operates the Doncaster East Community Bank branch and Templestowe Village Community Bank branch of the Bendigo Bank.

I received a Community Service Award for my work in getting banking services back to Jackson Court.

I now work part time for Templestowe Electrics Pty Ltd.

I volunteer my services as an accountant to the Village where we live and also serve as a Board Member for Manningham Centre Association.

I attend Tai Chi once a week and enjoy every other spare minute reading, mostly fiction.



Peter Johnstone OAM

In June 2010, Peter Johnstone was awarded the medal of The Order of Australia – General Division for his service to the community. This award is well deserved to recognize his commitment to the community in the fields of Local Government, the Jesuit Community and Aged Care.

After Peter's semi-retirement from the workforce, he was elected to the MCA Board of Governance and this has enabled MCA to obtain his knowledge and experience.

Peter is a dynamic Board member and at a time of potential change in the delivery of Aged Care locally and across Australia, MCA are delighted to have Peter's continued support.



Presentation of Painting from Council



Table Decorations

Presentation of Painting from Kathy Madison Wealth Enterprises Bureau



MCA's 25<sup>th</sup> Anniversary cake cutting.



Presentation of Plaque from Council



Kevin Andrews enjoying a chat with Cassia House residents and visitor.



Kevin Andrews discussing with Rita her program as a client of the Doncaster Rehabilitation Service.

105<sup>th</sup> Birthday Celebration for William Herbert (resident of Acacia).

L-R: Generations, staff gatherings and cutting of the cake.



Ross Dawson, Judy Lockwood & Helen Zhou enjoying a farewell dinner in Judy's honour. Judy retired after 25 years of dedicated service as a RN Div 1 nurse in Cassia House.





Kathy Madison of Wealth Enterprises Bureau addressing guests with John Deeks, (MC for the night) looking on.

Lydia Wilson, CEO of Manningham City Council addressing the guests



# Memories of Manningham Centre Association 25<sup>th</sup> Anniversary Dinner



Andrew Tavenor & Kate Herbert  
Together they successfully produced the DVD for the Centre.



Yvonne Hargrave and Sharon Gammon



Helen Larkin with Sonia Gough ensuring all the guests sign the Celebratory book.



### MCA warmly acknowledge with thanks the many generous sponsors and private donors who have contributed towards this Anniversary Celebration:-

- Wealth Enterprises Bureau ..... The painting (Artist: Uby Jubica)  
Raffle basket
- From The Heart Flowers ..... Table centre pieces  
Basket preparation
- Semara Imports ..... Raffle prize
- Balloon-A-Tics ..... Balloons
- Optus ..... Raffle prize
- Officeworks ..... Banner
- Melissa's Cakes ..... Anniversary cake
- Tamboon Publications ..... Flyers on sponsors for tables
- Simark Coaching Services ..... Administration & contribution to raffle basket
- Pure Body Therapies ..... Contribution to raffle basket
- Wine Lovers Warehouse ..... 60 bottles of wine
- Anthaea Jones Photography ..... Photography
- Nutrimetics ..... Contribution to raffle basket
- Family Life Home and Café ..... Meal voucher
- Dominant Chemicals ..... Contribution to raffle
- Hilite Electrics ..... Slabs of beer

### Sponsors who have contributed in other ways comprise:

- Mauro Bros Meat ..... Meat
- Leader Newspaper ..... One free advertorial
- Beasley Nursery ..... Supply of plants
- Phillip Webb ..... Supply of Hi-Low bed
- Electrolux ..... One vacuum cleaner
- Mitre 10 ..... Hardware supplies

# Memories of Manningham Centre Association 25<sup>th</sup> Anniversary Dinner



Manningham Mayor Cr Charles Pick & Cr Graeme McMillan



Chief Executive of Manningham Centre Ross Dawson & wife Kathy, catching up on the history of MCA.



Winners of the Raffle Cath Culbard



Bill & Helen Larkin mingling with the guests

