

Manningham Centre Association Inc.

At A Glance

Manningham Centre Association (MCA) specialises in the provision of residential and community support services for older people in the City of Manningham.

- Community-based, not-for-profit Incorporated Association governed by a voluntary Board.
- Commenced operating in 1985 with a Nursing Home for 30 older people and a Day Therapy Centre.
- Now includes two residential facilities accommodating 150 older people, a Home Maintenance Service, Planned Activity Groups, Rehabilitation Service, Carers' Support Group, National Respite for Carers Program's, Community Aged Care Packages (low care) and Extended Aged Care at Home Packages (high care).
- The majority of services are managed on behalf of Manningham City Council under long term Management Agreements.

SERVICES PROVIDED:

■ Cassia House Residential Care Facility

Accommodates 15 low care residents and 75 high care residents including two short-term respite residents in a combination of single and double rooms with en-suites.

It is a modern facility located in a quiet but central location with panoramic views of the surrounding hills. Services include personal and clinical care, social, cultural and physical support, in-house personal laundry, meals cooked on-site seven days a week and a kiosk open two days a week.



■ Doncaster Melaleuca Lodge Residential Care Facility

Opened in 1999, the Lodge is situated amongst landscaped gardens with panoramic views of the surrounding hills. The facility accommodates 60 low care residents in single rooms with en-suites.



Personal laundry is undertaken in-house. A modern kitchen provides freshly cooked meals each day. Other services include personal care, social, physical and cultural support with additional clinical support as the need arises.

■ Doncaster Rehabilitation Services

Professionally qualified staff utilising a well equipped facility provide a rehabilitation service to clients living in the community. A holistic multi-disciplinary team approach is adopted. Services include physiotherapy, occupational therapy, speech pathology and podiatry. Group TaiChi and strength training sessions are also conducted.



■ Grevillea House

● Planned Activity Group

Grevillea House, a modern, purpose-built, residential style building, facilitates Planned Activity Groups during the day for frail older people and those with dementia. It aims to assist them to remain living in their own homes for as long as possible and to provide their carers with a break.

A range of social activities are designed to meet client's individual needs. Programs operate from Monday to Friday and four Saturdays per month.



● National Respite for Carers Program (NRCP)

The NRCP is an Australian Government initiative aimed at supporting carers looking after dependent family members or friends living in the community. Overnight respite is provided in a purpose-built extension to Grevillea House for up to five people with dementia. Clients are accommodated in single room with private en-suites. Day respite is also available for carers who work or are seeking to work to help them balance their work and care responsibilities. This support can be either Centre based or in the client's own home.

■ Manningham Home Maintenance Service

The service is available to eligible Home and Community Care (HACC) clients referred through Manningham Council's Aged and Disability Support Service who determine eligibility. Typical services include provision of ramps and handrails, minor home modifications, replacement of light bulbs, gutter and window cleaning, clearing of paths and replacing tap washers. The service aims to assist older people to maintain their independence in their own home.

Other contracted services include:

● Victorian Aids and Equipment Program (VA&EP)

Referrals generally come through Occupational Therapists of the referring health services. Typical assistance includes installation of external hand-rails and ramps and hand-rails internally such as in the bathroom.

● Private Clients

HMS will provide assistance to older people in the City of Manningham who are ineligible for financial assistance through any of the above Government funded programs.



■ MCA Aged Care Packages

MCA manages 30 Community Aged Care Packages (low care) and five Extended Aged Care at Home Packages (high care). These packages are aimed at helping older people remain living in their own homes by providing individually planned and co-ordinated services. Services may include personal care, social support, transport to appointments, home help, meal preparation and gardening. Two Case Managers are employed by MCA to plan and co-ordinate care with the direct services being provided by specialist agencies.

■ Carer's Groups

A Carer's Group operates from Grevillea House on a monthly basis. Meetings provide opportunities for Carer's to discuss issues or concerns, exchange helpful information and listen to guest speakers.

A weekly Carer's get fit group is available through Doncaster Rehabilitation Services. This group offers strength training and technique advice in a relaxed and friendly environment under the direction of professionally qualified staff.

■ CONTACTS

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